

Line/Scene/Song

Opening scene

“It’s a beautiful day to stay inside”

“Instead of being filmed in a single night, it will be filmed in however long it takes to finish.”

Bo sitting in front of his laptop screen in the dark as the song from the scene before plays quietly

Context in the film

The film’s opening image is a chair and a keyboard in a room, the room where the entirety of the film will take place. Eerie music plays as Bo enters the room.

This line is used in the opening song ‘Content’ where he talks about being locked in his home and he is feeling depressed.

This is said during a kind of interlude scene where Bo gives an introduction to the special and talks about the process of making it.

After the song ‘White Woman’s Instagram’, Bo is shown sitting in the dark in front of his laptop as the song replays from the laptop and echoes through the room.

What it means to me

This scene gives me a feeling of loneliness and isolation. It also makes me feel a little sad. It reminds me of quarantine and spending day after day in the same space feeling like I’m stuck in a loop.

This line reminds of the days where I would wake up feeling no motivation to do anything but stay there all day. Every day began to feel like a good day to do absolutely nothing and I felt very lost and depressed during those times.

This is sort of my mentality towards a lot of things. I never feel a sense of urgency with the things I need to get done and sometimes it makes it hard to get anything done at all. I always tell myself things will get done when I feel like doing them and although it’s not a great mentality, I feel a lot of people can relate to this feeling.

This scene gives me a sense of loneliness. It shows Bo’s devotion to the project but how it has also taken a toll on his mental health. It reminds me of the feeling of being stuck in routine and how it can exhaust your mind and make you feel stuck.

‘Look Who’s Inside Again’

Bo plays this song sitting on the floor with his equipment surrounding him. It is a raw recording of him singing the song.

This song reminds me of feeling like I was stuck in a cycle. During quarantine everything felt repetitive. And still to this day I have weeks or months that just feel like the same replaying over and over. The line ‘Well well, look who’s inside again, went out to look for a reason to hide again’ means a lot to me because I used to only ever be at work, school, or in my bed because the world just made me sad. Whenever I would step out of my comfort zone I would end up feeling underwhelmed and disappointed and I constantly felt like there was no better thing to do than lay in bed by myself.

‘Thirty’

In this song, Bo talks about turning 30 while still being stuck working on this film. The song he then sings is about how little he feels he has accomplished and how stressful aging is.

This song resonates with me because, while I may not be turning 30 anytime soon, I still stress about growing up. As my teenage years come to an end I constantly think about how I’ve spent my life and if I’ve done enough with my time. I compare myself to my friends or other teenagers I see on the internet and feel like I’ve wasted what I thought were supposed to be the best years of my life.

‘All Time Low’

Bo sings about the feeling of a panic attack, he is talking but suddenly bright colors flash on the screen and Bo sings about how those attacks make him feel.

This to me symbolizes the sudden, loud, and scary feeling a panic attack can bring. The song is chaotic and sudden and it showcases that feeling very well.

‘Welcome to the Internet’

Bo sings about the endless, strange things that can be found on the internet and then talks about how it has consumed society in unhealthy ways.

I constantly feel guilty for the amount of time I spend on the internet. With everything being so accessible and convenient, it is easy to be tempted by it. My entire generation spends a large amount of their time on the internet and it is scary to see the toll it’s taking on the world.

‘That Funny Feeling’

Bo sings about all the strange things in the world that cause a strange feeling of dissociation and disconnection from reality. In the song he lists a bunch of these things and then sings about the funny feeling they cause.

While I don’t really relate to the things he lists throughout the song, I do understand the meaning and can think of my own example of the funny feeling and things that cause me to feel depressed or dissociated from reality.

“You say the ocean’s rising like I give a s***, you say the whole world’s ending, honey, it already did”

In the song ‘All Eyes On Me’ Bo sings about his struggles with anxiety on stage and his experience quitting live comedy for a few years and his journey to getting back into it. The lyrics allude to his mental illness and tells the story of his struggles in a subtle way through the lyrics.

From the first time I watched this special, this line stood out to me. To me, it represents the feeling of things coming crashing down on you. When things get hard, any minor inconvenience can feel like the end of the world and I have felt this feeling a couple times in my life. When you feel that way, you don’t really care anymore about things that you might’ve worried about before because you’re

‘Goodbye’

While this song is disguised as the farewell song and ending of the special, it can have a whole different meaning depending on the person interpreting it. Bo sings about being right back where he started, repeating a cycle he feels he’s repeated, and a feeling of sadness in saying goodbye and being done with something that kept him alive in a way.

so focused on your own world feeling like it’s crashing down on you. It’s a feeling of helplessness and longing for direction and happiness, but it creeps in only when you’re at your lowest. (This was also the part that made mercy the first time and it still makes me cry every time.)

To me this song gives the same feeling as admitting defeat. When things get hard and you hit a point where you feel weakened and don’t feel like you can help yourself enough anymore. To me it represents a feeling of hopelessness, when the light at the end of the tunnel is gone and you feel things start to overwhelm you.